

August 2010

Forestville Union School District

4-12 TRADITIONAL

Wednesday	Thursday	Friday
25 SALISBURY STEAK WITH GRAVY Mashed Potatoes Salad Bar Selection Sliced Multigrain Bread	26 TERIYAKI GLAZED CHICKEN WITH FRIED RICE Salad Bar Selection Sliced Multigrain Bread	27 PATTY MELT SANDWICH Salad Bar Selection Goldfish Crackers

Monday	Tuesday
30 WHOLE GRAIN CHICKEN NUGGETS Potato Rounds Salad Bar Selection Mini Pretzels	31 BEAN & CHEESE BURRITO Salad Bar Selection Corn Muffin

September 2010

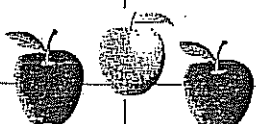
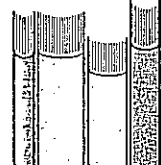
Forestville Union School District

4-12 TRADITIONAL



Preferred Meal Systems, Inc.
preferredmealsystems.com



Monday	Tuesday	Wednesday	Thursday	Friday
APPLE MONTH 				
1 APPLE MONTH	2 BARKIN' BEEF BAGEL DOG Potato Fun Shapes Salad Bar Selection Fresh Banana	3 CHARBROILED CHEESEBURGER Salad Bar Selection Hamburger Bun Sliced Multigrain Bread	4 FRENCH BREAD CHEESE PIZZA Salad Bar Selection Chocolate Chip Cookie	
5 LADY DAY	6 TURKEY HAM & CHEESE ON WHEAT BREAD Cut Green Beans Salad Bar Selection PopCorners	7 FRENCH TOAST STICKS W/SAUSAGE Potato Stixs Salad Bar Selection Butterscotch Cookie	8 CHEESE PISA PIZZA Salad Bar Selection Lemon Muffin	9 CRISPY CHICKEN FILET (WHOLE GRAIN) Mashed Potatoes Salad Bar Selection Hamburger Bun Sliced Multigrain Bread
10 CHICKEN TENDERS French Fries Salad Bar Selection Sliced Multigrain Bread	11 PEPPERONI PISA PIZZA Salad Bar Selection Mini Pretzels	12 TERIYAKI MEATBALLS W/RICE Salad Bar Selection Sliced Multigrain Bread	13 MINI CORN DOGS W/POTATO FUN SHAPES Salad Bar Selection Cheddar Goldfish Crackers	14 TOSTADA BOAT Salad Bar Selection Corn Muffin
15 BAKED CHICKEN NUGGETS W/HASH BROWNS Salad Bar Selection Corn Muffin	16 TEX MEX TURKEY RICE BOWL Salad Bar Selection Tortilla Rounds (Whole Grain)	17 SPAGHETTI (WHOLE WHEAT) W/ MEAT SAUCE Peas & Carrots Salad Bar Selection Sliced Multigrain Bread	18 HAMBURGER Potato Wedges Salad Bar Selection Hamburger Bun Apple Cinnamon Multigrain Crisp	19 BEEF SAUSAGE PISA PIZZA Salad Bar Selection Chocolate Chip Cookie
20 CHICKEN DIPPERS (WHOLE GRAIN) W/TOMATO PARMESAN SAUCE Salad Bar Selection Garlic Bread	21 CHICKEN & BEAN BURRITO Salad Bar Selection Mini Pretzels	22 BEEF GYRO SLICES French Fries Salad Bar Selection Pita Bread Chocolate Chip Muffin	23 HOT DOG W/TRI TATORS Salad Bar Selection Hot Dog Roll PopCorners	24 

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF MILK MENU SUBJECT TO CHANGE



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