



### SIX TUESDAY EVENINGS

February 5 - March 12, 2019 | 7:00pm - 8:30pm  
Santa Rosa Accelerated Charter School 4650 Badger Road, Rm 1

OR

### SIX TUESDAY MORNINGS

February 5 - March 12, 2019 | 9:30am - 11:00am  
Child Parent Institute, 3642 Standish Avenue, Santa Rosa

### COST

\$120 per person for the full series of six classes

Thanks to a generous donation from the California Association for the Gifted's Political Action Committee, scholarships are available for this class.

### TO REGISTER

visit [www.calparents.org/classes](http://www.calparents.org/classes) or call (707) 585-6108 extension 1240 or 1220

## PARENTING ADVANCED LEARNERS

A series of Six Discussion-Based Classes

Facilitated by  
Karen Littell, MSW

Parenting advanced learners can be wonderfully rewarding. It can also be challenging and exhausting!

This series offers in-depth information about nurturing sensitive, intense, creative, and insatiably curious children. Topics will include understanding and accommodating intensity, meeting social/emotional needs, peer relationships, perfectionism, procrastination, motivation, underachievement, self-regulation, executive function skills, homework help, depression, stress, idealism, twice-exceptional children (gifted plus other issues), frustration tolerance, and much more! You will also have access to a comprehensive lending library.

Please join us for good company, support, lively discussion, and plenty of useful strategies!



Karen Littell, MSW, served for four years on the statewide board of the California Association for the Gifted, and has both attended and presented many workshops related to parenting gifted children. She created and chaired the Northern California CAG Symposium, a conference designed to increase the capacity of parents and educators to keep gifted children engaged and challenged at school and thriving at home. Ms. Littell delivered the keynote address at the 2015 Humboldt County GATE Academy and continues to present to school districts throughout our region. She has many years of experience counseling children and families. This will be Ms. Littell's twelfth cycle as facilitator of Parenting Advanced Learners.